

NAME:	Dr. Asif Ahmed
PERSONAL	Office Address: Baqai Medical University, Baqai Medical College, Department of Pharmacology main Super High way Gadap Town, Karachi, Pakistan. Home Address: House No# A-6, Block 4. Gulstan –e- Johar, K-D A Scheme 36 Karachi Pakistan Cell #: 0300-2102678 e-mail address: medi_master@hotmail.com
PRESENT STATUS	Working As HOD Department of Pharmacology, Baqai Medical College, Baqai Medical University
EXPERIENCE	<p>Teaching Experience:</p> <ol style="list-style-type: none"> 1. May 1990 – Feb 1998, Jinah Post Medical Center (JPMC) - under graduate medical teaching. 2. Feb 1998 – Aug. 2001, Sultan Qaboos University Hospital (SQUH) – Sultanate of Oman - under graduate medical teaching, worked as an instructor in advance Cardiac Life Support Course. 3. Nov. 2009 – Sep. 2011, Assistant Professor, Baqai Medical University, Baqai Medical College, Department of Pharmacology. 4. 5th Sep. 2011 – 4th Mar 2012, Assistant Professor, Muhammad Bin Qasim Dental College, Department of Pharmacology. 5. 5th Mar. 2012 – to date Appointed as Assistant Professor and Promoted to Associate Professor & Subsequently to Professor Head of the Department, Baqai Medical University, Baqai Medical College, Department of Pharmacology. <p>Clinical Experience:</p> <ol style="list-style-type: none"> 1. House Physician & Surgeon 18-3-1995 – 18-3-1996. Jinah Post Medical Center (JPMC) 2. Post Graduate Training 05-05-1996 – 20 – 2- 1998, Intensive Care Unit & Medical Unit IV, (JPMC). 3. Resident Physician 21-2-1998 – Aug. 2001 Department of Medicine Sultan Qaboos University Hospital (SQUH) – Sultanate of Oman. <p>Research Experience:</p> <ol style="list-style-type: none"> 1. Isolation of Human & Mice Peritoneal Neutrophils, Monocytes, Macrophages. 2. Induction of Phagocytosis & Performing Chemiluminescence's Assay. 3. Chemo Taxis Assay. 4. Phagocytes Viability Method. 5. Intrinsic and Extrinsic Pathway of Blood Coagulation Assay. 6. Platelet Aggregation Assay. 7. Experience in Conducting Clinical Trails.

	Administrative Experience: Deputy Director PGMI, Baqai Medical University.
HONORS & AWARDS	N/A
MEMBERSHIPS	<ol style="list-style-type: none"> 1. Follow Royal Society of Tropical Medicine & Hygiene (R.STM&H) U.K 2. Life member Pakistan Medical Association (PMA No. 9226. 3. Life Member College Family Medical Pakistan. 4. Ex-Member Pharmacy & Therapeutics Committee Sultanate of Oman. 5. Ex member Department Mortality Committee Department of Medicine Sultanate of Oman. 6. International Reviewer in Inflammation Research – International Research Journal McGill University Health Centre, Montreal Quebec, Canada.
GRADUATE STUDENTS POSTDOCS UNDERGRADUATE STUDENTS HONOUR STUDENTS	<p>Actively Involve in Undergraduate & Post Graduate Teaching (Baqai Medical University / Baqai Medical College, Department of Pharmacology) as follows;</p> <ol style="list-style-type: none"> 1. M. Phil / Ph.D. 2. MBBS – 1st – 3rd Year. 3. BDS – 2nd Year. 4. Physiotherapy 5th & 6th Semester. 5. M. Phil / Ph. D Supervised: Currently 3 Ph. D & 7 M. Phil are being supervised.
SERVICE ACTIVITY	<ol style="list-style-type: none"> 1. Deputy Director PGMI, Baqai Medical University. 2. Professor & Head, Department of Pharmacology, Baqai Medical University / Baqai Medical College, main Super Highway Gadap Town, Karachi, Pakistan. 3. Academic Board of Baqai Medical College (Member) 4. Faculty Board of Baqai Medical University (Member) 5. Board of Studies of Baqai Medical College (Member) 6. Paigham-E-Pakistan, Special Committee (Secretary) 7. In-Charge - Animal House Committee 8. Convener - Bio-ethics Committee 9. Program Director - Food Pharmacology BMU 10. Supervisor Postgraduate Studies
Brief Statement of Research Interest	* Academics, Research & Development in Pharmacology & New Innovative Energy Medicinal Sciences.
PUBLICATIONS	See Attachment.
Research Grants & Contracts	N/A
Other Research or	N/A

Creative Accomplishments	
Selected Professional Presentations	N/A

Publications:

(A) Research Articles:

Dr Asif Articles		Impact Factor
1.	Ashfaq Akram, Saeed Ahmed Sheikh, Maher D. Fuad Fuad, Qamar Aziz, Asif Ahmed , The First Dive into the Ocean of Non-Face-to-Face Learning, Medical Research Archives Vol 9 issue 8, 2021.	NA
2.	Akhtar Ali, Lubna Farooq, Anum Mahmood, Shaikh Nadeem Ahmed, Asif Ahmed and Sumreen Mujahid. Comparative Evaluation of Salivary pH with Honey and Vinegar Mouth Rinse in Diabetic and Healthy Adults. 33(26B): 54-59, 2021, Article no.JPRI.67542, ISSN: 2456-9119.	0.67
3.	Ambreen Aslam, BSN, MSPH; Zaeema Ahmed, MBBS, MSPH; Meha Fatima Aftab, BSMT: PGD, PhD: Asif Ahmed, MBB, PhD. Spiritual Health Among Pakistani Religious and Non-Religious Professional: A Comparative Cross-Sectional Study Highlighting the Role of Regional Beliefs and Practices, ADVANCES SUMMER 2020, VOL.34,No.3	0.857
4.	Asif Ahmed, Shaikh Nadeem Ahmed, Sara Sadiq, Lubna Farooq, Humaira Arif, Sumreen Mujahid, Diet Oriented Safety of Pakistani Biryani with reference to Glycemic Response in Healthy Human Subjects. J Nutr Food Sci, Vol. 10 Iss.1 No 768. 2020.	NA
5.	Lubna Farooq, M. Rashid Ahmed, Shaikh Nadeem Ahmed, Asif Ahmed, Akhtar Ali, Anam Mahmood, Humaira Arif, Cefrolizone/tazobactam: “A treatment option against Multi-Drug Resistant Salmonella Typhi”; Eur Exp Biol. Vol. 9 No. 4:14. 2019.	NA
6.	Asif Ahmed, Azra Saleem, Abdul Wahab Sheikh, Farhat Jehan, Asad Ullah, Benazir Abbasi, Original Article, Incremental Response of Total Thrombocyte Count of Papaya Leaves. 1583-1586, PJMHS Vol. 11, No. 4, OCT-DEC. 2017. Pakistan Journal of Medical & Health Sciences.	0.07
7.	Asif Ahmed, Kashif Ikram, Maaz Asad, Hina Masood, Muzna Urooj. (2017). Connotation of Oro-Dental Disorders with Food & Social	1.24

	Customs. Journal of Behria University Medical Dental College; 7(3): (165-168).	
8.	Asif Ahmed, Kashif Ikram, Hina Masood. (2017). Identification of Relationship between Oral Disorders & Hemodynamic Parameters. Pakistan Oral & Dental Journal Vol. 37, No.2.	0.718
9.	Assadullah, Asif Ahmed, Farhat Jahan. (2017). Medicinal role of papaya seeds on thrombocyte count tested on healthy rabbits. Journal of Pakistan Medical Association (center) Vol. 67, No. (785-87).	NA
		0.415
10.	Kashif Ikram, Asif Ahmed, Humayun Kaleem Siddiqui etal. (2015). Over Prescription of Antibiotics by Karachi Dentists Working in public and Private Sector. Pakistan Oral & Dental Journal Vol. 35, No. 1.	0.65
11.	Asif Ahmed (2015). Innovative Energy Standard of Curative Cupping / Hijama. Journal of Basic & Applied Science. 11, 445-453.	
12.	Mirza J, Asif Ahmed, Mohammad T,Khan ZA. (2013). Evaluation of various concentrations of alkaline surface treatment of interfacial bond strength of amalgam bonded to amalgam. Pakistan Journal of Pharmaceutical Sciences. Vol. 26, No.5. (1033-1036).	0.65
		NA
13.	Mesaik MA, Asif Ahmed, Khalid AS, Jan S, Siddiqui AA, Perveen S and Azim MK, (2013). Effect of Grewia Asiatica Fruit on Glycemic index and phagocytosis tested in healthyman subjects. Pakistan Journal of Pharmaceutical Sciences. Vol. 26, No. 1. (85-89).	
14.	Siddiqui AA, Siddiqui JS, Wasay Mohammad, Azam SI & Asif Ahmed. (2013). A Dynamical Study of Risk Factors in Intracerebral Hemorrhage using Multivariate Approach. International Journal of Statistics in Medical Research. Vol. 2, No. 1	0.65
15.	Asif Ahmed, Khan RA, Azim MK, Saeed SA, Mesaik MA, Ahmed S, Imran I. (2011). Effect of natural honey on human platelets and blood coagulation proteins. Pakistan Journal of Pharmaceutical Sciences. Vol. 24. No. 3. (389-397).	0.415
16.	Asif Ahmed, Khan RA, Ali AA, Mesaik MA. (2011). Effect of wet cupping therapy on virulent cellulites Secondary to honey bee sting – a case report. Journal of Basic and Applied Sciences Vol. 7 No. 2. (123-125).	0.415

17.	Bilal M, Khan RA, Asif Ahmed, Afroz S. (2011). Partial evaluation of technique used in cupping therapy> Journal of Basic and Applied Sciences Vol. 7, No. 1. (65-68).	3.092
18.	Asif Ahmed, Khan Ra, Mesaik, M.A. (2009). Anti-inflammatory Effect of Natural Honey on Bovine Thrombine induced Oxidative Burst in Phagocytes. Phytotherapy Research. 23:801-808.	1.815
19.	Asif Ahmed, Azim MK, Mesaik MA, Nazimuddin, Khan RA. (2008). Natural Honey Modulates Physiological Glycemic Response Compared to Simulated Honey and D. Glucose. Journal of Food Science. 73(7):165-167.	1.526
20.	Scrimgeour EM, Asif Ahmed; Jamal Sallam, et al. (2001). Schistosomiasis in patients in the Sultanate of Oman. Annals of Saudi Medicine. 21(3-4) 170-173.	1.265
21.	Asif Ahmed & Mahfooz Alam Farooqi. (2000). Acase report, Napthalene associated intravascular hemolysis in a G6PD deficient patient. Oman Medical Journal. 19(20) 33-35.	0.718
22.	Tasnim Ahsan, Marium Saleem, Asif Ahmed, Marium Muzzafar. (1998). 46XX Male: A case of Sex reversal Syndrome. Pakistan Medical Association 48(1): 19-20.	
Total:		15.166

(B) BOOKS:

- 1) BOOK- **Asif Ahmed** Assisted review of “Introduction of Pharmacology” 2nd Edition, 2011, Edited by Prof. SM Shamim, (Chairman & head Department of Pharmacology, Baqai Medical University. Perfect Publishers (A-30, 2nd Floor, Hashmi Trust Bulding, New Urdu Bazar, Karachi, Pakistan).
- 2) BOOK- **Asif Ahmed**. GOD of All & GOD for All 1st Ed. December 2014. Ahmed Graphics Sony Apartment, 3rd Floor, Karimabad. Karachi, Pakistan.
