

*Khalil Ahmad Ansari, BEMS, M-Phil, PhD*



**Work address**

University College of Conventional Medicine, Khawaja Fareed Campus, The Islamia University of Bahawalpur  
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**Short Summary of C.V**

**Assistant Professor TTS:** in University College of Conventional Medicine, IUB since 22-10-2017 to date

**Assistant Professor:** in University College of Conventional Medicine, IUB since 1-02-2013 to 22-10-2017

**Lecturer,** in University College of Conventional Medicine, IUB since 2006 to 1-02-2013

**Specialist Tabib/Hakim** on Panel of Islamia University of Bahawalpur since 2015 to date.

**Focal Person,** Hamdard Free Mobile Dispensary Bahawalpur Unit since 2016 to date.

**Consultant Physician,** Hakim Muhammad Said Shaheed Tibbi Clinic since 2007 to Date.

**Ex-Incharge Tabib** Qarshi Eastern Medicine Hospital Bahawalpur between 2003-2006.

**Ex- Assistant Production Manager** in Herbal Life Pvt Ltd Korangi Industrial Area Karachi between 2001- 2002.

**PROFESSIONAL RESPONSIBILITIES:**

**Undergraduate Classes:**

Continuously taking classes from session 2002 to Date, 15 sessions and approx 340 students has completed their BEMS degree under my supervision.

**Postgraduate Classes:**

Continuously taking the lectures in M.Phil Phytomedicine since 2010. More than 26 students completed their course work, two has completed their research work under my supervision

**BEDSIDE TECHNIQUES TEACHING IN HOSPITAL:**

**a) BEMS Students**

Continuously taking clinical training classes in Govt Tibbia College Hospital to the final year students of BEMS. Over 1000 data of patients record gathered. Clinical trials projects were done.

**b) M.Phil Students**

We extended our work and clinical trials were done by M.Phil students on urolithiasis in-vitro study and on intestinal worms in-vivo study (Data Published)

### FOR QARSHI FOUNDATION:

Conducted the clinical trials and data were submitted to the foundation of over 4000 patients.

### FOR HERBAL LIFE(HERBAL MEDICINE MANUFACTURING INDUSTRY)

Formulated the doziers of their products with reference to the claim of the medicine and done ethnopharmacological studies, identification of active constituents in collaboration with PCSIR and then conducted the clinical trials of these medicines.

### HEC Approved Supervisor

File is in stage of review and reference number allotted HEC/HRD/ASA/2017/17513

### Education

<u>Type</u>	<u>University</u>	<u>Location</u>	<u>Completion Year</u>	<u>Subjects</u>
Ph.D.	Hamdard University Karachi	Karachi, Pakistan	Awarded in Jan.2015	Eastern Medicine
M.Phil.	The Islamia University of Bahawalpur	Bahawalpur, Pakistan	June, 2008	Phytomedicine
B.E.M.S.	Hamdard University, Karachi	Karachi, Pakistan	March, 2000	Eastern Medicine
H.S.S.C	BISE. Multan	Multan	1994	Biology, Physics, Chemistry
S.S.C	BISE. Multan	Multan	1990	Biology, Physics, Chemistry, Math

**Title of Ph.D. thesis:** Clinical assessment of coded unani formulation D-WORM and Mebandazole for the Treatment of Hook Worm, Round Worm and Whip Worm.

**Title of M.Phil thesis:** Acetylcholinesterase and NADH oxidase inhibitory activities of some medicinal plants.

### PROFESSIONAL EXPERIENCE:

<u>Name of Institution</u>	<u>Location</u>	<u>Position</u>	<u>From-to</u>
Islamia University	Bahawalpur, Pakistan	Lecturer	15/08/2006 -to date
Herbal Life Pvt, Ltd	Karachi, Pakistan	Assistant Production Manager	01/03/2001 -19/02/2002
Qarshi foundation	Bahawalpur, Pakistan	InchargeTabib	28/12/2002 – 14/08/2006

Islamia University	Bahawalpur, Pakistan	Visiting Lecturer	20/02/2002- 14/08/2006
AjmalDawaKhana	Karachi, Pakistan	House Officer	01/06/2000-28/09/2000

## Teaching Related Responsibilities in Islamia University Bahawalpur

### M.Phil Students Supervised: 02

- 1) Title of Desertation , Clinical trials of various Herbal Medicines for the Treatment of Urolithiasis in South Punjab by Muhammad Aamir ( Session 2014-2016)
- 2) Comparative Analysis of Anthelmintic Effects of Some Homoeopathic Medicines An-in-vitro study.

### *With Undergraduate Eastern Medicine Students*

#### **Problem based learning (PBL) sessions**

I have taken Introductory Course from philosophy of Eastern Medicine, Clinical Diagnostics and Material Medica which is useful in practice in Unani Professionand has been associated with teaching since 2002. I have been regularly facilitating in 2-3 hours in an academic calendar. I am getting outstanding appraisal from students' for my facilitation.

#### **Laboratory sessions**

I take laboratory sessions of Pharmacognosy labs related plants cell based structures, and pharmacoleptic evaluation has been done. My laboratory demonstrations / discussions are well attended and highly appreciated by the students.

## Awards/ Honors/ Membership/ Skills

1. Received medals on delivering best lecture on Intestinal worms in a seminar organized by Pakistan Tibbi Conference in Gujrawala (2010).
2. Member of Pakistan Association for Eastern Medicine, Pakistan (2006-date).
3. **Member/Secretary of Curriculum Revision Committee for Eastern Medicine**, Higher Education Commission, Islamabad wide letter no 9-1/BEMS/Curri/HEC/15/594
4. Member of Publication Committee, National Council for TibbMinistry of Health Govt of Pakistan, wide letter no F.No.282-1/2016-NCT/2282 Dated 29<sup>th</sup> July, 2016
5. Member of Board of Faculty in Pharmacy & Alternative Medicine wide letter no 2798/Acad dated 14-05-2015
6. Member of Board of Studies in The University of Poonch, Faculty of Health and Medical Sciences, Rawalakot AJ&K wide letter no UPR/EMS/22/74/12 Dated 17/07/2012.

7. Member of the committee to interview / select the candidates as Visiting Lecturer wide letter no 2458/ Dean Dated 13-10-2011.
8. Member of the Admission Committee for admission in M.Phil&Ph.D in Session 2013 wide letter no 2852/ Pharm dated 06-02-2013
9. Member of the Board of studies in Department of Eastern Medicine Govt College University Faisalabad wide letter no GCUF/add Registrar/ 15/793 Dated 08-07-2015
10. Member of Pakistan Tibbi Conference

#### Skills:

1. Fluent in English, Saraiki& Urdu.
2. Competency in computer skills and expertise in using all the commonly used soft wares.
3. Research skills: ELISA frequently used for screening of medicinal plants for enzyme inhibition activity.
4. Conducting the Phase IV clinical trials on human subjects as principal investigator in Ph.D.

#### M.Phil Students Supervised/ Evaluated:

- 1) Thesis for External Evaluation of M.Phil by **Khalil Ahmed** wide letter no UPR/Semester/Exam/ **387 dated 04-05-2016**
- 2) Viva-Voce of M.Phil Candidate Muhammad Amir wide no 331/M.Phil/16 dated 22-03-16
- 3) Viva-Voce of M.Phil Candidate Shah Muhammad wide no 1073/M.Phil/16 dated 27-10-16

### Publications

- 1) S. M. Ali Shah, Naveed Akhtar, M. Akram, Pervaiz Akhtar Shah, Tariq Saeed, **Khalil Ahmed** and H. M. Asif, Pharmacological activity of *Althaea officinalis* L., Journal of Medicinal Plants Research Vol. 5(24), pp. 5662-5666, 30 October, 2011 (**I.F:0.33**)
- 2) M. Akram, S. M. Ali Shah, H. M. Asif, Ghazala Shaheen, Tahira Shamim, M. Ibrahim Khan, Asmat Ullah and **Khalil Ahmed**, Comparative study of similarity and identity of human albumin with some selected organism albumin, Journal of Medicinal Plants Research Vol. 5(19), pp. 4974-4976, 23 September, 2011 (**I.F:0.33**)
- 3) M. Akram, H. M. Asif, N. Akhtar, P. A. Shah, M. Uzair, G. Shaheen, T. Shamim, S. M. A. Shah and **K. Ahmad**, Glycogen metabolism and glycogen storage diseases, Journal of Medicinal Plants Research Vol. 5(20), pp. 4980-4983, 30 September, 2011 (**I.F:0.33**)
- 4) **Ali Shah SM, Asif HM, Akram M, Ahmed Khalil, Ayaz Sultan, Ur Rehman Riaz, Alpha-1 Antitrypsin: A Review, Res Bioscientia, July-Aug. 2011 Vol. 2, Issue 4**
- 5) M. Akram, H. M. Asif, Naveed Akhtar, Pervaiz A. Shah, M. Uzair, Ghazala Shaheen, Tahira Shamim, S. M. Ali Shah and **Khalil Ahmad**, *Tribulus terrestris* Linn.: A review article, Journal of Medicinal Plants Research Vol. 5(16), pp. 3601-3605, 18 August, 2011 (**I.F:0.33**)

- 6) AamirSomro, Muhammad Akram, M. Ibrahim Khan, H. M. Asif, Abdul Sami, S. M. Ali Shah, GhazalaShaheen, **Khalil Ahmed** And RiazurRehman, Pharyngitis and Tonsillitis: A review Article, African Journal of Biotechnology, Vol. 10(33), pp. 6190-6197, 6 July, 2011. **(I.F:0.573)**
- 7) NaveedAkhtar, M. Akram, H. M. Asif, Khan Usmanghani, S. M. Ali Shah, Saeed Ahmad Rao, M. Uzair, GhazalaShaheen and **Khalil Ahmad**, Gene Therapy: A Review Article, accepted Journal of Medicinal Plants Research Vol. 5(10), pp. 1812-1817, 18 May, 2011 **(I.F:0.33)**
- 8) **M. Akram, S. M. Ali Shah, H. M. Asif, GhazalaShaheen, TahiraShamim, Ashfaq Ahmed, AsmatUllah, Khalil Ahmed, Glucose 6 Phosphate dehydrogenase deficiency: A Review, Global Journal of Medical Sciences Vol.x(x) pp.006 – 008 May 2011**
- 9) H. M. Asif, Muhammad Akram, Tariq Saeed, M. Ibrahim Khan, NaveedAkhtar, RiazurRehman, S. M. Ali Shah, **Khalil Ahmed** And GhazalaShaheen, Carbohydrates, Review Paper, International Research Journal of Biochemistry and Bioinformatics Vol. 1(1): 001-005, February 2011.
- 10) H. M. Asif, M. Akram, NaveedAkhtar, **Khalil Ahmed**, S. M. Ali Shah, RiazurRehman, E. Mohiuddin And M. Ibrahim Khan, Rheumatoid Arthritis: A Review Article, International Journal of applied biology and pharmaceutical technology, 2(1),108-111, Jan-March 2011.
- 11) Riaz Ur Rehman, H. M. Asif, **Khalil Ahmed**, S.M.Ali Shah, NaveedAkhtar, Muhammad Akram, Khan Usmanghani, QaiserJabeen And Tariq saeed, Zingiberofficinale (Pharmacological activity), Journal of medicinal plant research; Vol. 5(3), pp. 344-348, February 2011. **(I.F:0.33)**
- 12) M. Ibrahim Khan, Khan Usmanghani, M. Akram, NaveedAkhtar, QaiserJabeen, Irshad Ahmed, PervaizAkhtar Shah, H. M. Asif, **Khalil Ahmed** and S. M. Ali Shah, The Clinical evaluation of Herbal Anti-Round worm Medicine: Kemol, Journal of medicinal plant research, Vol. 5(3), pp. 467-469, February 2011. **(I.F:0.33)**
- 13) Muhammad Akram, H. M. Asif, Khan Usmanghani, NaveedAkhtar, QaiserJabeen, AsadullahMadni, Tariq saeed, RiazurRehman, **Khalil Ahmed** And S.M. Ali Shah, Obesity and Risk of Hyperuricemia in Gadap Town Karachi, African Journal of Biotechnology, vol:10(6), 996-998, 7 February 2011**(I.F:0.573)**
- 14) **Khalil Ahmed Ansari**, M. Akram, H. M. Asif, M. Riaz Ur Rehman, S. M. Ali Shah, Khan Usmanghani, NaveedAkhtar and E. Mohiuddin, Xanthine oxidase inhibition by Some medicinal plant, International Journal of Applied biology and Pharmaceutical Technology, 2(1): 124-131, 2011.
- 15) H. M. Asif, M. Akram, Khan Usmanghani, NaveedAkhtar, QaiserJabeen, Tariq Saeed, RiazurRehman, **Khalil Ahmed** And S.M. Ali Shah, Herbal Treatment of secretory diarrhea, International Journal of Phytomedicine,(2) 425-429, 2010.
- 16) S.M. Ali Shah, M. Akram, **Khalil Ahmed Ansari**, H. M. Asif, RiazurRehman, AsadullahMadni, GhazalaShaheen And Tahirashamim Harmonization of Traditional Medicine with Modern Medicine, , International Journal of Applied biology and Pharmaceutical Technology, 2(1): 253-260, 2011
- 17) S.M.Ali shah, Khan Usmanghani, NaveedAkhtar,H.M.Asif, M.Akram, **Khalil Ahmed**,GhazalaShaheen, Tahirashamim, RiazurRehman, Ashfaq Ahmad, LailaSumreen, Monograph of *Holarrhenaantidysenterica*(linn.) Wall, International Journal of Phytomedicine 2 (2010) 345-348
- 18) M. Ibrahim Khan, Afzal Ahmed, M. Akram, E. Mohiuddin, Khan Usmanghani, Sultan Ayaz, S. M. Ali Shah, H. M. Asif, GhazalaShaheen, **Khalil Ahmed** And Riaz Ur Rehman,

Monographs of Embeliaribes, African Journal of Plant Science,4(12):503-505, 2010.

- 19) M. Akram, E. Mohiuddin, M. Owais Khan, M. Ibrahim Khan, S. M. Ali Shah, **Khali Ansari**, GhazalaShaheen, M. Asif, M. RiazurRehman : Hyperuricemia and Gout: A Review Article, The Internet Journal of Family Practice. 9(1); 2010.
- 20) M. Ashraf, **Khalil Ahmad**, S.M Ali Shah, Irshad Ahmad, Saeed Ahmad, ShafiaArshad, Faizul Hassan Naseem, Acetylcholinestrerase and NADH oxidase inhibitory activity of some medicinal plants, Journal of Medicinal Plant Research Vol. 5(10)pp 2086-2089, **(I.F:0.33)**
- 21) M. Ashraf, S.M Ali Shah, Irshad Ahmad, Saeed Ahmad, **Khalil Ahmad**, ShafiaArshad, Faizul Hassan Naseem, Nucleoside triphosphate diphosphohydrolaseNTPDase inhibitory activity of some medicinal plants, Journal of Medicinal Plant Research Vol. 5(10)pp 2090-2094, **(I.F:0.33)**
- 22) Akram M, Hamid A, **Khalil A**, Ghaffar A, Tayyaba N, Saeed A, Ali M, Naveed, A. review on medicinal uses, pharmacological, phytochemistry and immunomodulatory activity of plants, International journal of immunopathology and Pharmacology 2014 Jul-Sep;27(3):313-9. **I.F 2.180**
- 23) **Saeedahmadpirada, ShaistaJamil, M.Khurshidalam, Khalil ahmad, Seed Morphology of. Shrubs and Undershrubs from Cholistan Desert., Pakistan .Archives Des Sciences** Vol. 66(6), pp. 321- **I.F 0.247**
- 24) Saeed Ahmad, Hafiz Muhammad Wariss, Muhammad Khurshid Alam, Shazia Anjum, **Khalil Ahmad**, Naveed Akhtar, Hydro-alcoholic Extracts of Fagonia indica Burm. F. contribute Anti-pyrexia activity to E. coli exposure in Rabbits, International Journal of science and research volume 3 july 2014. **I.F 0.28**
- 25) Akram M, Hamid A, **Khalil A**, Ghaffar A, Tayyaba N, Saeed A, Ali M, Naveed, A Hypocholestrolemic activity of plants:A Review International Journal of Agronomy and Plant Production 2906-2911. **I.F 028**
- 26) JalilurRehman, Naveedakhtar, Muhammad Younis Khan, **Khalil Ahmad**, Phytochemical Screening and Hepatoprotective Effect of *Alhajimauroorum* against paracetamol induced Hepatotoxicity in Rabbits, Tropical journal of Pharmaceutical Research. June 2015. **I.F 0.439**
- 27) Sabra Sultana, Hafi Muhammad asif, Naveedakhtar**Khalil Ahmad**, Medicinal Plants with potential antipyretic activity. asianPasific Journal of Tropical Diseases, a Review 2015 **I.F 0.247**
- 28) **Khalil Ahmad**, Khan Usmanghani, Naveedakhtar, and HalimaNaarClinical assessment of coded unani formulation D-worm and mebendazole for the treatment of hook worm, roundworm and whip worm. Pakistan Journal of Pharmaceutical Sciences Vol 28. No 6 November 2015. **I.F 0.43**
- 29) ZulfiqarAhmad, Riaz Hussain, Muhammad Riaz, S Mubasher Sabir, Shinwar Waseem Ali, **Khalil Ahmad**, Muhammad Nadeem, Toxicological Evaluation of sodium Benzoate on Hematological and Serological Parameters of Wister Rats, International journal Of Agriculture and Biology, 1814-9596 **I.F 0.802**
- 30) Hafiz Muhammad Asif, **Khalil Ahmad**, Sabira Sultana, Naveed Akhtar, Tasneem Qureshi, Muhammad Ateeb, Abid Hussain. Prevalence and Factors Related to Cigarette Smooking Initiation and use among University Students of Bahawalpur Pakistan, a Cross Sectional Study, RADs journal of pharmacy and pharmaceutical science, 2017;5(3):11-16
- 31) Saeed Ahmad, Shifa Shaffique, Hafiz Muhammad Asif, **Khalil Ahmad**, Ghulam

- Hussain, Pathophysiology, Clinical consequence, Epidemiology and Treatment of hyperurecemic gout, RADS journal of pharmacy and pharmaceutical science, 2018;6(1):88-94
- 32) Hina Ahmad, Hafiz Muhammad Asif, **Khalil Ahmad**, Shifa Shaffique, Saeed Ahmad, prevalence of Preeclampsia among Pregnant Females of District Bhawalpur, RADS journal of pharmacu and pharmaceutical science, 2018;6(2): 124-126
  - 33) Muhammad akram, Imtiaz mahmood tahir, S. M. Ali Shah, Zahed Mahmood, Awais Altaf **Khalil Ahmad**, Naveed Munir, Muhammad Daniyal, Suhaila Nasir, Huma Mehboob, Antiviral potential of medicinal plants against HIV, HSV, Infuenza, Hepatitis and Cocksackievirus: A systematic review, Phytotherapy Research(WILEY). 2018;1-12
  - 34) Muhammad Faizan Khan, Muhammad Akram, Naheed akhter, Muhammad Mukhtiar, Rabia Zahid, Fahad Said Khan, Muhammad Daniyal, Imtiaz Mahmood Tahir, **Khalil Ahmad**, Aamir Sharif, Shamaila Kausar, S. M. Ali Shah, Khan Usman Ghani, The evaluation of efficacy and safety of Caught(EMA) granules used for upper respiratory disorders, Pakistan journal of pharmaceutical science, vol.31,No.6(suupl), November 2018, pp.2617-2622 **I.F 0.43**
  - 35) Sabira Sultana, Hafiz Muhammad Asif, **Khalil Ahmad**, Naheed Akhtar, Zaheer Iqbal, Jalil ur Rehman, Aymen Owais, Risk factors and Histopathological pattern of Ovarian cancer in Pakistani Women: A mini review Journal of Young Professional, Jan-Mar 2018; 01, 12-17.
  - 36) Shifa Shaffique , Hafiz Muhammad Asif, Haseeb Anwer, Ghulam Hussain, **Khalil Ahmad**, Sabira Sultana, A Panaramic view on ethno Botanical, Chemical, Pharmacological and Homeopathic Use of Aesculus Hippocastanum, American Journal of Research, February 2019.
  - 37) Hafiz Muhammad Asif, Abdul hayee, Muhammad Rahil Aslam, **Khalil Ahmad**, Abdul Sattar Hashmi, Dose-Dependent, Antidepressant, and Anxiolytic Effects of A Tradional Medicinal Plant for the Management of Behavioral dysfunction in Animal Models, an international journal, SAGE, Oct-Dec. 2019
  - 38) Khan MR, Khan MA, **Ahmad K**, Hamad A, Sajid-ur-Rehman M, Asif HM, Younus M, Kamal Y. Synthesis, Characterization and In Vitro Antibacterial Derivatives of Doxycycline. RADS J Pharm, Pharm Sci. 2019; 7(4): 215-226.

### Submitted for Publication

**Khalil Ahmad** , Sabira Sultana , Hafiz Muhammad Asif, Wasim Babar. Anthelmintic activity of some Homeopathic Mother Tincture gainst Gastrointestinal Nematodes Paper submitted in The Journal of animal and Plant Sciences 2016

### Presentations / Workshops/Seminars

1. "Acetylcholinesterase and NADH oxidase inhibitory activities of some medicinal plants **Khalil, A.**, M. Ali. M. Ashraf and Mahmood A. Hamdard International Integrative

Medicine Conference (2008)

2. Participated in Two Days workshop on “Quality Assurance And Program Accreditation” organized by Higher Education Commission of Pakistan June 16-17, 2009.
3. Investigations on the inhibitions of lipoxygenase and NTPDase activities of some medicinal plants. **Khalil, A.,** M. Ali. M. Ashraf and Mahmood A. Hamdard International Integrative Medicine Conference (2008)
4. Attended a 3 day Cascading workshop on “Ensuring Training Effectiveness” held at The Islamia University of Bahawalpur on 19-21, 09, **2011** jointly organized by HEC and The Islamia University of Bahawalpur.
5. Paper presented on international seminar on Expanding Eastern medicine for health of all, in BahauddinZakriya University Multan, on Comparative analysis of anthelmintic effects of some homoeopathic medicines. An invitro study by **Khalil Ahmad. November 2016**
6. . **Khalil Ahmad** (Certificate of Participation) in *National training workshop* for practitioners, Educators &Manufacturer of Unani System of Medicine, organized by National Council for Tibb, Govt of Pakistan in Collaboration with **Pakistan Academy of Science, held on 7<sup>th</sup>april 2016.**
7. Paper Presentation Certificate and Shield in International Seminar “ EXPANDING THE EASTERN MEDICINE FOR HEALTH OF ALL” organized by BEMS Medical Association, Pakistan in Collaboration with Faculty of Pharmacy BahauddinZakriya University Multan Dated **10<sup>th</sup> November 2016**
8. Certificate of Participation in Seminar Treatment of Cancer in Homoeopathy Organized by RECKEWEG prpfessional development program on **Saturday 4<sup>th</sup> Feb, 2017.**
- 9.